

# THREE PEAKS OF YORKSHIRE CLUB

The **THREE PEAKS WALK** is the oldest-established walk in Yorkshire – 25 gruelling miles taking in **Pen-y-ghent** 2273 ft, **Ingleborough** 2373 ft and **Whernside** 2414 ft, and affording views of some of England's finest landscapes.

Time taken to complete the route varies depending on the stamina of the walker and on weather conditions that change frequently and sometimes very quickly. Swirling mists may descend without warning. Heavy rain can in moments turn a small trickling stream into a raging torrent and convert hard ground into inextricable bog. Be prepared for everything!

It is traditionally regarded as an achievement to complete the Three Peaks within 12 hours. Those who book out and make it in time are invited to join the Three Peaks of Yorkshire Club.

## SETTING-OUT ROUTINE

★ **If we're closed** put a note in the café letterbox with the following details **for each person walking**:

- Name
- Time of leaving the café by our clock

★ **If we're open** come in and stamp your card in the clock, then leave it here.

## RETURNING ROUTINE

★ **If we're open** come into the café and ask for your card, and stamp it in the clock.

★ **If we're closed** put a note in the café letterbox showing the following details:

- Name
- Time of return by our clock
- email address. *If you don't have email, you may leave a postal address.*

This allows us to contact you with your invitation to join the prestigious Three Peaks of Yorkshire Club.



**PARKING** If the public car park is full, ask at the café for alternative places.

Please do not leave vehicles on the roads and grass verges in the village **or in the café car park.**



When leaving early in the morning, please try not to disturb the residents of Horton who may be sleeping.

## Safety Service

From 1967 until 2009, Pen-y-ghent Café offered a safety service for anyone who wished to be secure in the knowledge that someone knew they were venturing into the hills.

It was used mainly by walkers attempting all Three Peaks in one day, but other activities and routes were catered for.

It was taken seriously if you failed to return. Processes were put into action to ascertain your whereabouts and sometimes the rescue services were called upon.

Regrettably, we are unable to offer the safety aspect of the clocking out system at the moment.

We have a fund of local knowledge of places to visit, things to do, accommodation, public transport, and a large selection of guide books and maps for sale, along with other items of use when setting out: socks, hats, gloves, torches, batteries, survival bags, cagoules, Kendal Mint Cake...and other items of more use when returning: blister kits, steaming pint mugs of tea, home-made cakes...and much more.

If we can give you any advice or assistance to help you get the most out of your time in this area please do not hesitate to ask.